

Sunday Poetry

The other half

By- Dr Nunglekjam Premi Devi
Independent Scholar

As I serve upon 'him', he seems quite perplex;
He's alive, 'm being around him serving;
He sees 'me' one kind, a kind of server;
Though, I never feel that, he never mention that;
I enjoy cooking best for him, and that's how I feel;
He never tries knowing, how I attach to his miniature;
All I knows well his habituating habits,
And he calls 'me' twenties a day;
And he orders 'me' fifties a day;
All work I attended, 'tis his work doing;
And he tries knowing activities fully, half knowing;
He enjoys acting, a better man;
Still he's 'my' consorting partner, the other half.

He does randomly bewilder, agreeing things;
As I ask, ask for much permission;
Can I and may I? Allow me and let me?
He loves personating 'himself', a better person,
A best adviser and still a good elderly;
Though I never neglect, 'respecting' 'considering'
And comforting, as he loves to be with these;
Ah! He feels younger shouting at 'me' all,
He feels activating much blaming 'me',
And still he's alive after arguing, that's how I feel;
All he does, never miss arguing and fighting,
And hitting actions, violent and aggressive at;
All I ever endures, he's best only man I trust charging;
Still he's 'my' consorting partner, the other half.

Never has he quit, wondering and persuading self;
Thinking and reasoning; all money matters,
What for? When to? How much? Whom to?
Just a puzzle platform, does he stand sensibly;
Tired of consoling, soothing and easing 'him';
All I does alleviating, it's okay and it's alright;
All I does passionately, tendering and understanding;
Caring 'him' and fancying and apprehending,
Much do me, finding hard to make 'him' appear;
'Better me' and 'better wife', as I shout out loud;
Ah! He's lame critical, angering twenties a day,
Making 'me' burn out explanatory,
'This does' and 'that don't', 'I do and I don't';
Never miss flattering and pleasing, I may say;
Witnessing much loosen ends meet, I bravely hold;
'We're better each other'; 'We're old partners';
Never do I lessen 'him' serving, service as I carry upon;
Still he's 'my' consorting partner, the other half.

Growing anger after Kabul ambulance bomb kills nearly 100

NDTV
Afghanistan, Jan. 28: Anger was growing in Kabul Sunday, a day after a huge bomb hidden in an ambulance killed nearly 100 people and wounded scores more, highlighting the ability of insurgents to strike at the heart of Afghanistan. At least 95 people were killed and 191 wounded in the lunchtime attack claimed by the Taliban, which caused panic in the war-torn capital and overwhelmed its hospitals. US President Donald Trump called for "decisive action" against the Taliban over the assault — the second it has carried out in the city in a week — as other international leaders also condemned the attack. "We have 95 dead and 191 wounded from yesterday's attack in Kabul," health ministry spokesman Waheed Majroh told reporters on Sunday. Most of the injured were men, he added.

Ordinary Afghans took to social media to express their anguish and sorrow at rapidly worsening security, as the Taliban and the ISIS group step up attacks on Kabul, turning it into one of the deadliest places in Afghanistan for civilians. "We are so heartbroken in Kabul that we don't know how to start our new day," Fereshta Karim wrote on Twitter.

"Shall we stay home or go to work, shall we meet our friends and cry or shall we force ourselves to create an illusion of hope? How are you starting your day in Kabul?" Naser Danesh tweeted: "In Kabul starting a day without explosion, it would be a surprise. One could only imagine that kind of a day." On Facebook, Naveed Qaderi wrote: "It is a big shame for the government, they repeatedly fail to protect people. The leaders must lose a son or daughter to feel the pain of poor people."

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A bright future ahead of RIMS

By : L. Memo Singh

The serious effort of the authority of the institute to all round development of the Regional Institute of Medical Sciences, Imphal as one of the best medical, dental and nursing education including best healthcare delivery system institutes in the North East is highly appreciated. Many changes could be seen in the last few months which itself a positive one. Earlier in many occasions, there was hue and cry by the employees of the institute due to non-payment of their salary in time. It may be worth to mention that the public has many grievances against the healthcare delivery system in the hospital due to misunderstanding between the public and the staff. Atleast, now, the grievances of the public was reduced drastically and there are visible changes in the patient care delivery system to a certain extent. By removing the hardships faced by the patient in a poor state like Manipur is god given gifts by the authority of the institute



and will definitely improve the economy of the family members of the patient to a large extent. It was a huge relief for the contract employees working in the Regional Institute of Medical Sciences, Imphal including the Dental College and the College of Nursing that the authority of the institute decided to enhance the salary of the contract

employees. Increasing the economy of the employee will certainly benefit the family members of the employee and the society to a certain extent. It may be mentioned that the remunerations of the daily wagers has also been increased along with implementation of 7th pay recommendations for the regular employees. It is a great achievement

of the institute and also a sign of support to be given by all the staff from top to bottom.

It is an undeniable fact that from the time of his joining as a director of the institute, Prof. A. Santa Singh has been trying to improve the image of RIMS though many obstacles were faced during his tenure in the last five months. There were obstacles in the long drawn path of development of RIMS. This is almost praiseworthy of all the steps taken by the director Prof. A. Santa Singh to remove these obstacles without hesitation in the interests of RIMS in particular and the people of Manipur in general.

His liberal outlook and dynamic attitude are very much helpful in minimizing any sort of conflicts and clashes which are occurring due to unknown reasons. The director of RIMS had taken opportunities to cultivate such dynamism as a sole responsible figure of the institute with full conviction and commitment to the development of RIMS and Manipur.

National & International News

Blood Donation & Health Check Up Camp organized by Aryans Group

Dimapur, Jan 28 : Aryans Institute of Nursing and Neelam Hospital, Near Rajpura today organized a Blood Donation & Free Health Check Up Camp at Aryans Group of Colleges, situated at Chandigarh-Patiala Highway, near Chandigarh. The camp was inaugurated by Dr. Shikha Gupta, MBBS, MD, DNB Neelam Hospital. Dr. Anshu Kataria, Chairman, Aryans Group presided over the function.

9 members team of blood transfusion from Neelam Hospital under the leadership of Dr. Vainy Aggarwal, MBBS, MD Pathology conducted thorough medical checkup of voluntary donors and selected the eligible donors to donate blood. Specialists including Dr. Rakesh Gautam (Orthopedics), Dr. Amandeep Singh (Medicine), Dr. Rajkumar Punia (Pediatrician) conducted health check up camp.

Dr. Shikha Gupta appreciated the special initiative taken by Aryans to provide health care services to meet the needs of the Indian population & also to meet the immediate health care needs of the marginalized community through this health camp. Dr. Shikha also

applauded for reaching out to the needy people with health solutions. Dr. Anshu Kataria, Chairman, Aryans Group while motivating the students said that a person can save 3 lives from 1 unit blood. He added that these camps are a great boon to the patients in emergency need. Kataria added that objective of the camp was to encourage more people to come forward Frequent blood donation will help in reducing the risk of cancers and preserves cardiovascular health. Donors also have a much lower risk of falling prey to life-threatening diseases.

Over hundreds of people along with their children from nearby villages visited the camp and underwent health checkups by the team of specialist doctors and were given consultations and medicine free of cost. A total of 55 Units of blood were collected by the students and staff of Aryans.

Dr. Parveen Kataria, Director General, Aryans Group said that worldwide millions of lives get saved every year because of blood donation and many more can be saved. She added that the college is looking forward to organize such camps on regular



basis as Blood is Life and blood donation is noble cause. Dr. Raman Rani Gupta, Director, Aryans Group said that such camps will kindle a spirit of social service in the student community. Quoting the benefits of donating blood, she further said that it helps to maintain healthy heart, increases red blood cells production, helps in decreasing body weight and on top of it improves the psychological

health as it gives a feel good factor. Dr. Raman Rani added that "None of us can survive without blood in our body and Blood Donation is a service to the society". She appreciated the students who donated their blood. "It feels good when people come forward for a noble cause, especially when we see enthusiastic feeling of youngsters for mankind" she added.

Internet restrictions, call for a shutdown disrupt normal life in South Kashmir districts

PTI
Srinagar, Jan. 28: Separatist groups called for a strike in the Valley after two youths died in clashes with the Army in Shopian. Normal life was disrupted in districts in South Kashmir on Sunday because of a strike called by separatist groups as well as restrictions imposed by authorities. Both came in reaction to the death of two youths in Shopian's Ganovpora in clashes with Army officers on Saturday.

Authorities suspended mobile internet services in the districts of Pulwama, Anantnag, Kulgam and Shopian and reduced the speed of broadband internet services to 128 kbps in the rest of the Valley, PTI reported. As a preventive measure, they have curbed movement of people in the jurisdictions of Srinagar's Safakadal, Khanyar, Nowhatta, Rainawari and MR Gunj police stations.

On Sunday, shops and other businesses were closed, and public transport stayed off roads. Private vehicles, however, were plying in Srinagar's Civil Lines area. Train services between Banihal and Baramulla have been suspended, NDTV reported.

The Army claimed it was forced to open fire on civilians in self defence after they began to pelt stones at a convoy and injure officers. "Considering the extreme gravity of

the situation, the Army was constrained to open fire in self defence," Colonel Rajesh Kalra said. The two who died were identified as 20-year-old Javid Ahmad Bhat and 24-year-old Suhail Javid Lone. The police have filed a case against the Army unit involved in the incident. The district administration has ordered a magisterial inquiry into an incident, and the officer has 20 days to submit a report.

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